

Triduum in Preparation to the Solemnity of the Blessed Trinity 2021



Adapted from the original version, from the Missionaries Servants of the Holy Spirit, Stella Matutina Province, Brazil North.

TO COMMUNICATE IS TO CREATE COMMUNION

Introduction

In these times when we are experiencing restrictions, isolation and impediments to leave our homes due to the pandemic, we continue our mission through virtual media. Thanks to these media, thousands of people are in contact with us, accompanying us and praying with us. To help us live more deeply our relationship with the Father, the Son and the Holy Spirit, we present to you this triduum, which you can pray individually or in community.

In our preparation for the Solemnity of the Feast of the Most Holy Trinity we want to reflect and deepen some important elements of Communication from our Trinitarian Missionary Spirituality. The texts are taken from the Manual of Communication and Technology of the Missionary Servants of the Holy Spirit (pages 20 and 21).

The prayers are part of our congregational tradition and were composed by St. Arnold Janssen, except for the opening prayer, which is an appeal to the Holy Trinity to help us overcome the suffering caused by the pandemic and the political, socio-economic crisis that many of our countries in which we work and live our Mission are experiencing.

We wish each one of you a good preparation for the feast of the Holy Trinity and that, deepening in the meaning of the motto, "Long live God One and Triune in our hearts and in the hearts of all people", a legacy left to us by the founder St. Arnold Janssen, we can make it concrete through our gestures, words and actions.

FIRST DAY: GOD FATHER-MOTHER, CREATOR

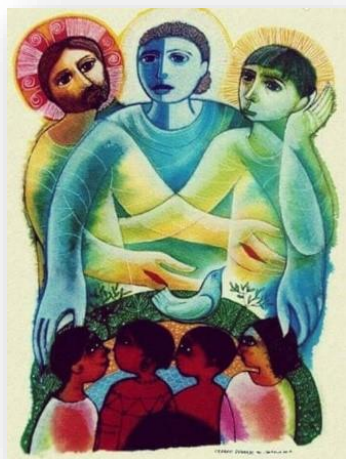


We begin this first day of the triduum in preparation for the Solemnity of the Holy Trinity by becoming more aware of what it means to make the sign of the cross:

- *In the name of the Father, the Son, and the Holy Spirit. Amen.*

Opening prayer

O Triune God, Father, Son and Holy Spirit, You who are love, compassion and goodness, come to our rescue in this time of intense suffering that all humanity is going through, due to the coronavirus pandemic.



Help us also to overcome the situations of political, economic and social crisis faced by so many countries and peoples. Give us the strength of unity and transform our hearts so that, through our thoughts, words and actions, we may be a presence of peace, solidarity and joy for everyone around us.

Only with your grace, oh Holy Trinity, can we find more life, love and hope and be instruments of compassion for our world. Amen.

Reflection: FATHER-MOTHER GOD, CREATOR (*SSpS Communication Manual, page 20*)

"Beloved by the Father-Mother and created in the image and likeness of God, we are called to live in communion with the Holy Triune God, with each other as a community of consecrated women, with other people, and with all creation. The gift of communication helps us to grow in relationships and to participate in the continuous process of creation as caregivers of the Common Home, the universe of which we are a part. In our inner selves, through prayer, we can enter into dialogue with God, we can also talk with people, write, and create works of art, using the media and digital media. In this way, we expand our being, share our thoughts and receive experiences and knowledge of other people to improve our culture. "

To think and share

The present moment challenges us to find new paths as missionaries.

- *How can we be witnesses to the love of Father-Mother God individually and as a community?*

Spontaneous prayers

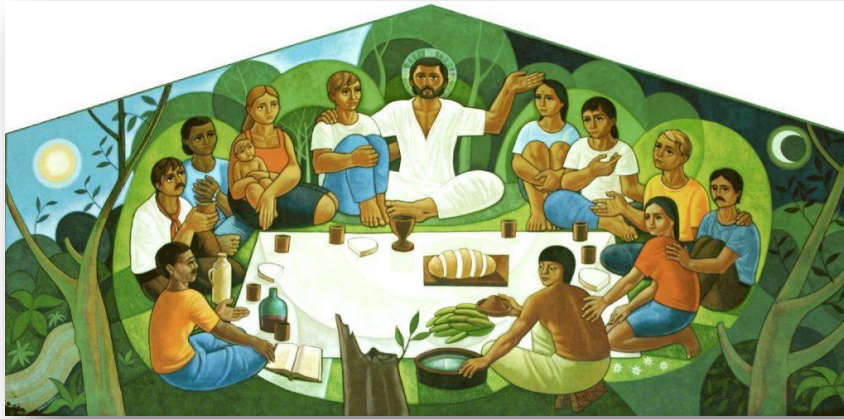
Our Father

Final prayer:

Be known, loved and glorified by all peoples, oh Holy and Triune God,
the Omnipotence of the Father, the Wisdom of the Son and the Love of the Holy Spirit.
Amen.

"May the Holy Triune God live in our hearts and in the hearts of all people!"

SECOND DAY: GOD-SON, COMMUNICATOR

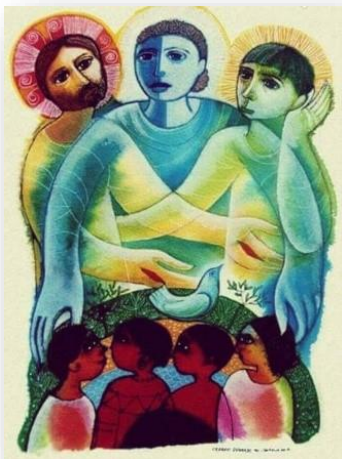


As we begin the second day of the triduum in preparation for the Solemnity of the Holy Trinity, let us open our hearts to the presence and loving action of God, Father, Son and Holy Spirit, with the sign of the Cross:

- *In the name of the Father, the Son and the Holy Spirit. Amen.*

Opening prayer

O Triune God, Father, Son and Holy Spirit, You who are love, compassion and goodness, come to our rescue in this time of intense suffering that all humanity is going through, due to the coronavirus pandemic.



Help us also to overcome the situations of political, economic and social crisis faced by so many countries and peoples. Give us the strength of unity and transform our hearts so that, through our thoughts, words and actions, we may be a presence of peace, solidarity and joy for everyone around us.

Only with your grace, oh Holy Trinity, can we find more life, love and hope and be instruments of compassion for our world. Amen.

Reflection: GOD - SON, COMMUNICATOR (*Text of the SSpS Communication Manual, page 20*)

“Through the Incarnation of the Son in Jesus Christ, God communicated his greatest commitment to humanity. Communicating with human beings, speaking the same language and being understood, God becomes one of us - "And the Word became flesh and dwelt among us" (Jn 1,14). Jesus, Divine Word, through the Incarnation, becomes the Father-Mother Communicator.

In the experience of his humanity, Jesus establishes a bridge of approach to God and reveals that God is a Father of loving, kind and compassionate Father. Jesus' passion for

the Father makes him the brother of all people, especially those who are most despised and deprived of their dignity. To reveal the love of the Father, Jesus heals the sick, gives sight to the blind, receives children and shares bread. Jesus speaks in parables, in a language understandable to all, uses familiar images and symbols and gives himself in the Eucharist .

Jesus communicates who He is and gives Himself in the totality of His Love, giving his own life. Thus, Jesus becomes the model of each communicator. He personifies, in himself, the message of God and lives it to the end."

To think and share:

The present moment calls us to renew the way we fulfill our mission.

• *In what way can I experience and announce the love of God the Son, Communicator of the Father, in my personal life and in community?*

Spontaneous prayers

Our Father

Final prayer:

God, Eternal Truth. -We believe in you.

God, Our Strength and Our Salvation -We hope in You.

God, Infinite Goodness. -We love you with all our hearts.

You sent the Word, as Savior of the World. -Make us all one in Him.

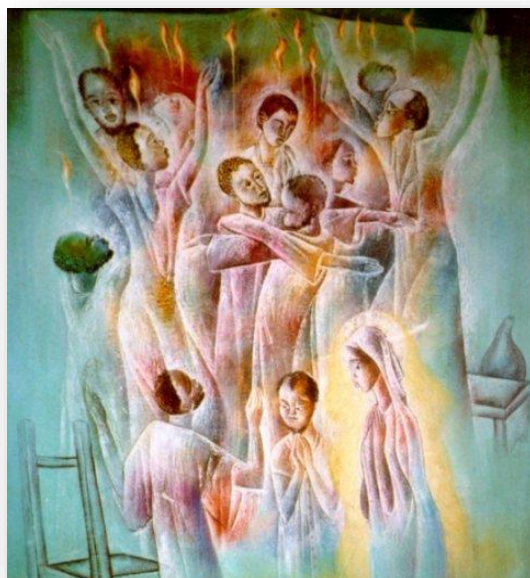
Fill us with the Spirit of the Son. -To glorify your Name. Amen.

"May the Holy Triune God live in our hearts and in the hearts of all people!"

THIRD DAY: GOD-SPIRIT OF COMMUNICATION

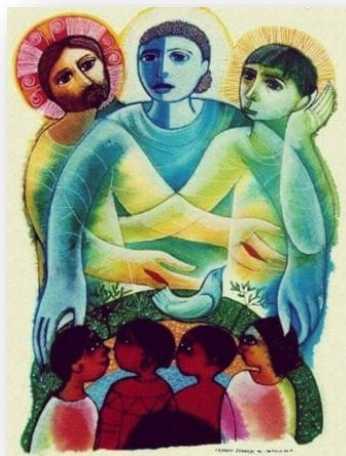
We come to the third day of the triduum as we prepare for the Solemnity of the Holy Trinity. With great gratitude, we invoke the Holy Trinity by making the sign of the cross.

- *In the name of the Father, of the Son and of the Holy Spirit. Amen.*



Opening prayer

O Triune God, Father, Son and Holy Spirit, You who are love, compassion and goodness, come to our rescue in this time of intense suffering that all humanity is going through, due to the coronavirus pandemic.



Help us also to overcome the situations of political, economic and social crisis faced by so many countries and peoples. Give us the strength of unity and transform our hearts so that, through our thoughts, words and actions, we may be a presence of peace, solidarity and joy for everyone around us.

Only with your grace, oh Holy Trinity, can we find more life, love and hope and be instruments of compassion for our world. Amen.

Reflection: GOD-SPIRIT OF COMMUNICATION *(Text of the SSpS Communication Manual, page 21)*

“The Holy Spirit is the central agent of communication between the Divine Persons, between human beings and between the Trinity and humanity and vice versa. The Spirit of love is the source of life that generates communion and makes all the evangelizing action of the Church a reality.

As Missionary Sisters Servants of the Holy Spirit, we are called to experience in depth the gift of communication as "fulfillment" of the mission of the Spirit in the world and in the Church. The Holy Spirit is the one who gives us Wisdom and Counsel to discern what to communicate and how. He gives us Understanding and Knowledge to reveal the meaning of situations and events, and their relationship to God's plan. He gives Compassion and

Fear of the Lord to open ourselves to the will of God in an attitude of deep respect for his presence manifested in people and in all creation. And finally, he gives Courage and Strength to remain faithful and consistent with the message that we receive and to profess it, with all its consequences”.

To think and share

The present moment demands of us resilience and new attitudes in our being and acting missionaries.

- *To what extent do we experience the love of the Holy Spirit, in our personal lives and do we communicate it in the community and in the mission? How does it help us to be resilient?*

Spontaneous prayers

Our Father

Final prayer:

May the darkness of sin and the night of unbelief vanish before the Light of the Word and the Spirit of Grace;

And may the Heart of Jesus live in the hearts of all people. Amen.

May the Holy Triune God live in our hearts and in the hearts of all people.